



Exciting New Webinar Opportunity!

We are very excited to be able to offer a timely session with Jessica Minahan, MEd, BCBA on "Practical Strategies for Reducing Anxiety and Challenging Behavior in the Classroom."

Please see the description, date, fee, and bio below, and then [register here!](#)

Title: Practical Strategies for Reducing Anxiety and Challenging Behavior in the Classroom

Description: With up to one in four children struggling with anxiety in this country, overwhelmed adults are in need of a new approach as well as an effective and easy-to-implement toolkit of strategies that work. Through the use of case studies, humorous stories, and examples of common challenging situations, participants will learn easy-to-implement preventive tools, strategies, and interventions for reducing anxiety, increasing self-regulation, accurate thinking, and self-monitoring in students.*

Date: March 14, 8:30-10:30am

Fee: \$40

Bio: [Jessica Minahan, MEd, BCBA](#), is a licensed and board-certified behavior analyst, special educator, as well as a consultant to schools internationally (). Jessica has over seventeen years of experience supporting students who exhibit challenging behavior in urban public school systems. She is the co-author of ***The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students*** (Harvard Education Press, 2012) and author of ***The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors*** (Harvard Education Press, 2014).



* Please note this is a live webinar and will not be recorded for future viewing